How to measure your wrist size

You will need:
String/measuring tape
Ruler
Marker or Pen

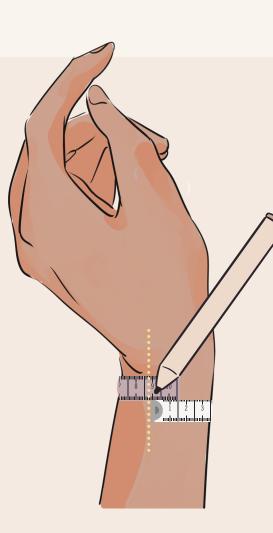


1. Cut out a string that would fit around your entire wrist. Ideally, 20cm of string. Or use a measuring tape.



2. Wrap the string/measuring tape around your wrist





- 3. Take a marker/pen and note where the end of the string wraps around nicely on your wrist. Or read where the measuring tape ends
- 4. If using string, take the string and set it straight on a ruler. The length of the string where your marker ends is your wrist size in cm

If using measuring tape, the length of where it ends on your wrist is the wrist size in cm.